

WEEK 1

2/9, 23/9, 14/10, 11/11, 2/12, 6/1, 27/1,
17/2, 16/3

Sausage & Mash with Gravy
or
Honey & Ginger Vegetable Stir Fry with Rice (v)
or
Jacket Potato with Cheese (v)
Rainbow Vegetables, Sweetcorn
Cherry Swirl Sponge with Custard

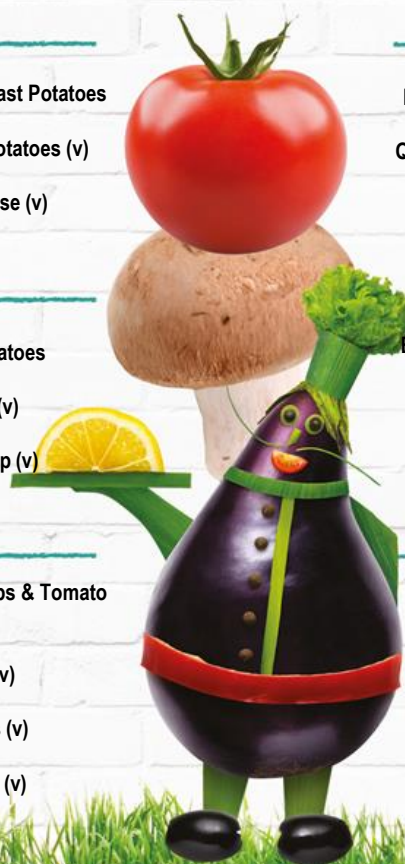
Spaghetti Beef Bolognese with Garlic Bread
or
Carrot & Pesto Bake with Homemade Bread (v)
or
Cheese Baguette with Tomato Soup (v)
Green Beans, Mixed Salad
Raspberry Oat Slice

Roast Chicken with Stuffing, Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Jacket Potato with Tuna Mayonnaise (v)
Shredded Cabbage, Carrots
Apple Crumble with Custard

Minced Beef & Onion with Mash Potatoes
or
Mac & Cheese with Garlic Bread (v)
or
Cheese Baguette with Tomato Soup (v)
Mixed Salad, Sweet Corn
Caramel Krispy Cake

Salmon Fingers or Fish Fingers with Chips & Tomato
Sauce
or
Quorn Tikka Pizza with Chips (v)
or
Jacket Potato with Baked Beans (v)
Baked Beans, Garden Peas
Strawberry Jelly & Peach Slices (v)

**FRESH
HEALTHY
TASTY**



WEEK 2

9/9, 30/9, 21/10, 18/11, 9/12, 13/11, 3/2,
2/3, 23/3

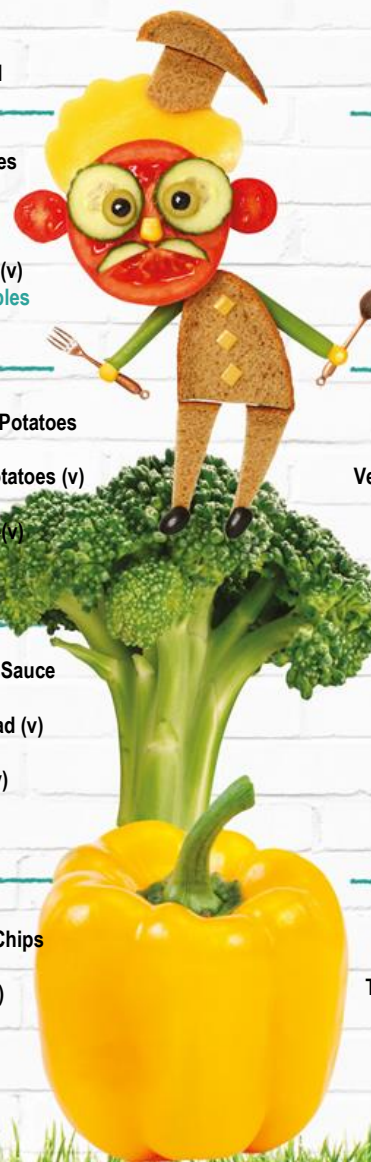
Arabiatta Chicken Meatballs & Penne Pasta
or
Cheesy Broccoli Quiche with New Potatoes (v)
or
Jacket Potato with Cheese (v)
Green Beans, Mixed Salad
Cherry & Apple Crumble with Custard

Savoury Minced Beef & New Potatoes
or
All Day Veggie Breakfast (v)
or
Cheese Baguette with Tomato Soup (v)
Shredded Cabbage, Rainbow Vegetables
Vanilla Ice Cream

Roast Turkey with Stuffing, Gravy & Roast Potatoes
or
Quorn Fillet with Stuffing, Gravy & Roast Potatoes (v)
or
Jacket Potato with Tuna Mayonnaise (v)
Broccoli & Carrots
Citrus Squares

Beef Burger with Jacket Wedges & Tomato Sauce
or
Veggie Bolognese with Pasta & Garlic Bread (v)
or
Cheese Baguette with Tomato Soup (v)
Sweetcorn & Peppers, Green Beans
Peach Melba Sponge with Custard

Bubble Crumb Fish with Tomato Sauce & Chips
or
Tomato & Basil Pasta Bake & Chips (v)
or
Jacket Potato with Baked Beans (v)
Baked Beans, Garden Peas
Carrot Cookie



WEEK 3

16/9, 7/10, 4/11, 25/11, 16/12, 20/1, 10/2,
9/3, 30/4

Hot Dog with Jacket Wedges & Tomato Sauce
or
Vegetable Chow Mein (v)
or
Jacket Potato with Cheese (v)
Sweetcorn, BBQ Beans
Flapjack

Rainbow Vegetable & Chicken Stir Fry
or
Cauliflower Cheese & New Potatoes (v)
or
Cheese Baguette with Tomato Soup (v)
Green Beans, Cauliflower
Berry Sponge with Custard

Roast Gammon with Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Jacket Potato with Tuna Mayonnaise (v)
Broccoli, Carrots
Tropical Crumble & Custard

2 Cheese Pizza & Jacket Wedges (v)
or
Veggie Chilli & Rice (v)
or
Cheese Baguette with Tomato Soup (v)
Golden Corn, Mixed Salad
Strawberry Jelly with Pineapple Chunks (v)

Battered Cod with Chips & Tomato Sauce
or
Tomato & Vegetable Ragu with Garlic Bread (v)
or
Jacket Potato with Choice of Filling (v)
Baked Beans, Garden Peas
Lime Shortbread



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.